

# TRANSCENDING THE CRYSTALLINE MATRIX

Visionary: **Sarah Otis** Artist: **Rebekah McGrady**

The message this painting conveys came to Sarah Otis in a vision guided by spirit urging her to share this message with humanity during the massive shifts occurring on our planet as we work towards shifting the consciousness of our human race.

The vision came to Sarah in June of 2012, the 6 month point before the shift in consciousness was to occur on December 21, 2012. The information was very clear and concise from spirit on how the painting should convey the message. The ancient sacred geometry symbolize that would be represented spoke volumes when Sarah first received the message.

The following symbols are represented in this transformative painting:

**Milky Way Spiral**

**Merkaba**

**Seed of Life (Center petal of the Flower of Life)**

**Infinity**

Spirit was very specific on the colors to be used in the painting for their specific symbolism:

**Human Man represented in White outlined in Purple**

**White and Orange Petals on the center lotus of the Seed of Life**

**Yellow, Blue-Green, Purple used within the Seed of Life and Merkaba**

**Blue, White, Purple and Red in the Milky Way Spiral**

Sarah was also directed to use crushed crystals and very particular essential oils in the painting. Clear Quartz Crystals were crushed and used in powder and solid form.

The essential oils used: Highest Potential Essential Oil Blend in the Milky Way Spiral and Transformation Essential Oil Blend in the center lotus and man.

***To give one a better understanding in why these symbols, colors, crystals and oils were to be used.***

**~Symbols~**

**-The Milky Way** represents a spiral path to the otherworld with attributes such as growth, evolution, balance, progress, direction, initiation, centering, expanding, awareness, connection, journeying, evolution, letting go, surrender, release.

**-Merkaba** (Mer-Ka-Ba)

Mer means a kind of light that rotated within itself.

Ka means spirit, referring to the human spirit

Ba means the human body

In Ancient Egypt it was referred to as a rotating light that would take the spirit and the body from one world into another. Thus began the process in consciousness that will eventually translate us from the 3rd dimensional world in the higher dimensions through the process which is called "ascension". Ascension involves a process where the human body is transformed into light and translated by an incredible birth in a new world.

**-Seed of Life/Flower of Life** can be used as a metaphor to illustrate the connectedness of all life and spirit within the universe. Symbol of the seven days of creation. A sacred blueprint of creation, infinity source energy for all beings.

**-Infinity** represents perfection, dualism and unity between male and female. Unbounded, never-ending.

## ~Colors~

**-Man (You) is represented in white outlined in purple**, white is the color of awakened spirit, light of perfection, light of the Cosmic Consciousness, the Divine Light, purity, innocence, new beginnings. White light raises the vibration of one's consciousness and the body, bringing harmony in all aspects of one's life. Represents openness and truth. Heals body-mind-spirit at all levels. Stands for wholeness and completion.

**-Purple** is the color of transformation, brings spiritual insights and renewal, helps in detoxification. Urges us to find our power within that is rooted in connection to spirit.

**-White and Orange Petals**, take the wholeness of all that white represents and add orange as it symbolizes the individuals relationship to the external world, the needs and wants of the physical body. Also signifies thoughtfulness and creativity.

**-Yellow** symbolizes creativity, happiness and power of persuasion. Promotes clarity of thought, signifies intellectual development for either material or spiritual ends.

**-Blue**, is the color of spirituality, intuition, inspiration, inner peace and spiritual development. **Green** symbolizes balance, healing and hope. It brings peace and harmony into our lives and rejuvenates the soul. Connects us to unconditional love, forgiveness and compassion. Change and transformation is necessary for growth and so this ability to sustain changes is also a part of the energy of green.

**-Red** symbolizes energy, passion, love and action. Our most physical needs and our will to survive. Motivates us to take action and awakens our physical life force.

### Now how does all of this come together

This description has come in stages which was started in June 2012. The painting was completed in November 2012 and hung in Sarah's healing space where others can benefit from all the magical transformations emanating from the painting.

Sit with the image of the painting and allow it to speak to you, see what you receive from being in its presence. Allow your energies to resonate with the painting, you will see, hear, feel and receive different things at different times. It's all based on what you are needing at the time.

## ~Channeled Message For All Of Humanity~

**With the assistance of a Ammonite Fossil, Ocean Jasper Heart and a Amethyst Crystal**

**Beings of Mother Earth....now is the time to come into your own true self, your true potential. No longer be taken over from the barriers placed on you by others. Step into the spiral and allow it to help you ascend into the crystalline matrix and your higher consciousness. We are here to support and guide you along the way, all you must do is ask for our assistance and we will be honored to assist you back to your higher self, light and truth of your soul. Trust the messages of your intuition that you are receiving, these are your guides to help you wander through the muck of your planet's energies. Ignite the light within you once again and allow it to glow to its full spectrum. You are a child of God here to spread your message of your souls many lifetimes of wisdom. The energies represented for you will help guide you to an understanding of how to most efficiently utilize your soul gifts for all of humanity and your highest good. Reveal in the beauty that is you and honor your place in the universe for you are a loving light being. Remember this as you Transcend the Crystalline Matrix...**

**Love ~ Light ~ Peace ~ Joy  
Jophiel-Archangel of Enlightenment**